

#### **Safe Work Procedure**

# Manual Dusting

### Approved by:

Michael McCormick

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Reviewed by:

accordance with training, established health and

safety regulations/guidelines, policies, and

procedures.

WSH Committee Member

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**Physical Plant** 

Cleaning – High and Low

Potential Hazards:				Equipment/Devices or PPE Required:		
Н	M	L	Risk for Injury	☐ Head Protection ☐ Body Protection		
$\boxtimes$			Awkward / sustained postures	☑ Eye Protection ☑ Hand Protection		
		$\boxtimes$	Biological pathogens	☐ Ear Protection ☒ Foot Protection		
		$\boxtimes$	Chemicals	☐ Face Protection ☐ High Visibility Wear		
		$\boxtimes$	Combustibles / flammables	☑ Other Protection Dust Mask if required		
		$\boxtimes$	Electrical hazards	CSA approved safety eyewear; latex gloves;		
			Extreme heat / cold	CSA approved footwear; CSA approved hearing		
		$\boxtimes$	Forceful exertions	protection		
			Material falling	Required Training:		
			Moving machinery / parts			
		$\boxtimes$	Noise	$oxed{oxed}$ Task performed and reviewed by competent		
		$\boxtimes$	Pinch points	person		
$\boxtimes$			Repetitive motions	☑ other associated BSW SWPs		
		$\boxtimes$	Sharp points / edges	☐ SWP – Ladder Safety		
		$\boxtimes$	Skin compression			
		$\boxtimes$	Surfaces causing falls			
			Traffic – Vehicle or pedestrian			
			Two Person Job	All employees shall be trained on required Safe Work Procedures (SWP) until competent. This will include a		
			Vibration	review of SWP documentation and hands-on training		
		$\boxtimes$	Violence / Psychological Hazard	as required. Employees are responsible for		
			Other	performing the task in accordance with training,		
				established health and safety regulations/guidelines,		
			nd symptoms of a musculoskeletal	policies, and procedures. Managers, supervisors, or		
inju	ry (M	ISI) ca	an include pain, burning, swelling,	delegates will ensure all duties are performed in		

#### **NOTE:** Additional Potential Hazards

stiffness, numbness/tingling, and/or loss of

movement or strength in a body part. Report

these to your manager or supervisor immediately.

Only use cleaning products and equipment provided by the Physical Plant.

Do not leave equipment unattended.

## **Steps to Perform This Task Safely:**

<b>-</b>	Instructions	Photo	
Pre-use	Inspect and don all required PPE.		
1.	Stand at an angle so that you are not directly under the dusting area.		
2.	Keep elbows close to body to minimize over-reaching.		
3.	Choose proper equipment for the task: For low dusting, use handheld duster. For high dusting, use duster with telescopic handle or ladder.		
CAUTION	Do not stand on the top rung of ladder or overextend your reach while on a ladder.		
4.	Use light weight tools with telescopic handles with bendable necks where possible.		
5.	Work with your hands in front of your body in the area between your shoulders to minimize effort.		
6.	Bend the neck of the handle to align it with the surface to be cleaned.		
7.	Extend the telescopic handle and step back from wall to improve neck angle.		
CAUTION	Over-the-shoulder dusting. Limit the time spent in this position, allow for more frequent work breaks. Rotate tasks regularly to change the physical demands, such as alternating right and left hands to reduce strains to shoulders, neck, and arms.		
8.	During the dusting process, twirl and shake the duster over the garbage can to release dust and debris or vacuum it off.		
NOTE:	Housekeeping Reminders  Store in a clean dry place. Replace duster as needed. Ensure the equipment is safe, clean, and tidy before you leave it.		
Prohibited activities			

If an emergency situation or equipment malfunction occurs while using the equipment, shut the unit off immediately and report to your supervisor. Report any hazardous situation to your supervisor / WSH Advisor.

Author:	Approved By: Michael McCormick	Reviewed By: WSH Committee
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RELATED MATERIAL – TBD by supervisor

REFERENCES - WSH Act/Regulations -

https://www.gov.mb.ca/labour/safety/pdf/whs workplace safety act and regs.pdf