



# THE TEA

INDIGENOUS NEWSLETTER



McDougall, Michele. "Take Back the Night March Returns" Brandon Sun, Nov.8, 24

## This Issue:

- Student Spotlight: Reese Mayer
- Student Spotlight: Faith Clearsky
- December Calendar
- November Pictures



# STUDENT SPOTLIGHT:

*Reese Mayer*

Hello (Tansi) to all, my name is Reese Mayer, I am a member of treaty 5 and band member from York Factory Cree Nation. I was born and raised in The Pas, Manitoba. I moved to Brandon in 2021 to pursue a psychology degree.

I want to work with Indigenous incarcerated one-day, hopefully pursuing a career in therapy or facilitating healing programs for Indigenous men and women. I enjoy public speaking and advocating for Indigenous issues.

In May 2024, myself and Dr. Yasui and Dr. Spence from the Applied Disaster and Emergency Studies Department collaborated on a trip to The Pas.

My personal goal for the trip was to share my journey towards education and to promote secondary education to high school students.



At MBCI high school with Mrs. Helstrom

# STUDENT SPOTLIGHT:

*Reese Mayer*

Also, I wanted to share my experiences with Indigenous issues with high school students and demonstrate to them that it is possible to become a chain breaker and be successful. I believe we should be pushing university and college to our youth in hopes to help steer our youth away from violence and crime. It was nice to experience this engagement with high school students in The Pas, by answering disaster-related questions and sharing their personal stories and concerns for the future.

It was important to include those students in topics of these type because it is their generations that will be the decision-makers of tomorrow. Many of the students had not known about career possibilities in these areas and held beliefs that our lands need to be protected and fought for.



In the cafeteria of Helen Betty Osborne School with grades 11 and 12 students

# STUDENT SPOTLIGHT:

## Reese Mayer

Later in the summer, we visited Norway House with the same goals and, to learn more about the history of Norway House in relation to emergencies and disasters. This was a rewarding experience to say the least. It was eye opening to see the old trading port, the ferry to get across the water, and the Jenpeg dam.

The council members shared their community plans in terms of emergency preparedness and informed us about some of their community needs related to social issues, such as intense drug use among their community members..

This is why it is important for Indigenous youth to stay in school and get their post-secondary schooling so that they can bring back resources and education and promote the overall well-being of their home communities

It is even more important for people like me to be a positive influence on Indigenous youth to show how much good the Red Road and the Education Road can bring to their lives.



With Mr. Fredette in NHCN Chief and Council office

# STUDENT SPOTLIGHT:

*Reese Mayer*



It was an honour to visit both The Pas and Norway House and to hear from their community members on different ways we can come together to strengthen our future relationships with Indigenous and non- Indigenous knowledge.

I hope to continue this work in collaboration with more Indigenous communities in the future.

I want to sincerely thank the Faculty of Science for their support in providing these engagement opportunities.

A special thank you goes to Mrs. Sherri Helstrom from The Pas and Mr. Gilbert Fredette from Norway House Cree Nation for inviting us to their communities.



# STUDENT SPOTLIGHT:

## *Faith Clearsky*



## *Boozoo*

I am an Ojibway woman and my home is Waywayseecappo First Nation. I come from a big family with many aunts and uncles who have always supported me in life. I am the youngest of 8 brothers and 4 sisters.

My second home is now in Brandon Manitoba, where I am surrounded by siblings, nieces, nephews, cousins and my mother. I have lived here since grade 7, and met so many people who have positively influenced where I am today.

I am beyond grateful for my loving parents: Karen Beaudoin and Mark Clearsky, who allowed me to chase my own dreams and held my hand every step of the way.

# STUDENT SPOTLIGHT:

## *Faith Clearsky*



I currently play for the Brandon University bobcats, in my 3rd year, majoring in Native studies.

I hope to use this degree to improve my chances of becoming a Police officer so I can offer some support to our Indigenous people and hopefully be a role model for many young kids.

I am reminded everyday of how blessed I am to be Indigenous, to play a sport I love and have my family on my side while chasing my dreams.

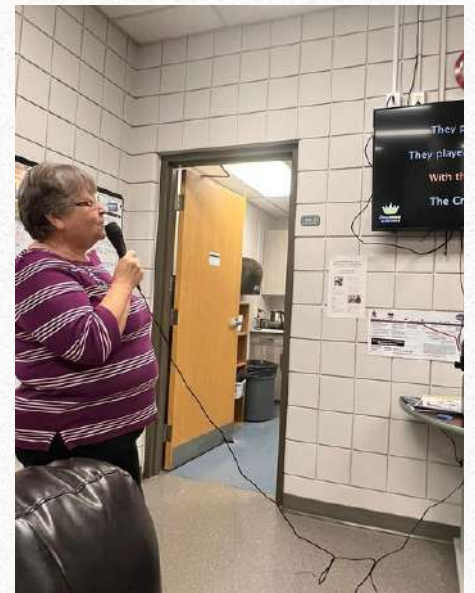
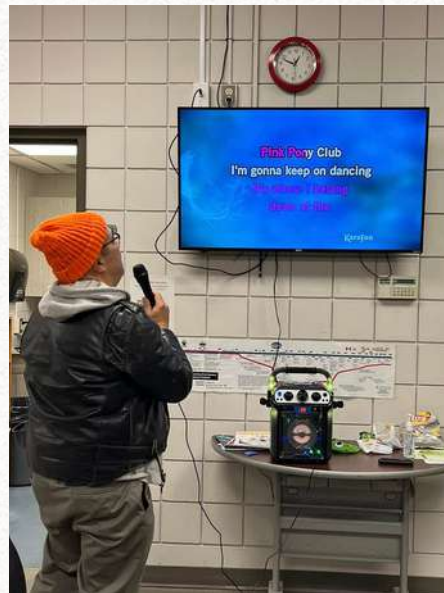
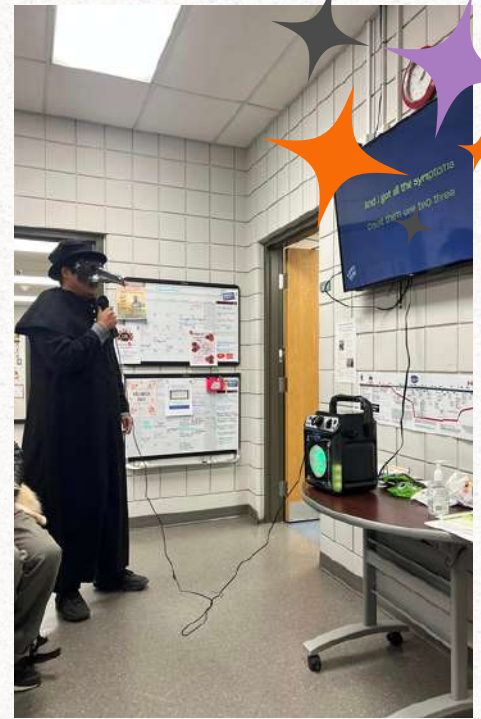
I hope to inspire other Indigenous people, young and old to always believe in yourself and to not give up



# OCTOBER HALLOWEEN PARTY

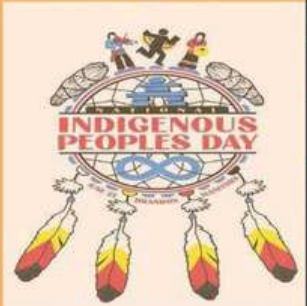






*National Indigenous Peoples Day*

# Pancake Fundraiser



**Full Breakfast \$8.00**

**Pancakes Only \$5.00**

**Beverages \$1.00**



**November 29, 2024**

**8:30am – 11:00am**

**205 College Ave**



# December



2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 Lanyard Beading 12:00pm Drum Songs 3:00pm Sharing Circle 5:00pm	3 Beading Club: 12:00 & 5:00	4 Lanyard Beading 12:00pm	5 Last day of classes IPC Christmas Potluck 5:00pm Ribbon Skirt Making 1:00pm	6 Winter Equinox Feast 12:00pm	7
8	9 Lanyard Beading 12:00pm Drum Songs 3:00pm Crib Night 5:00pm	10 Status Card Clinic 10:00am HIV/STBBI Testing	11 Lanyard Beading 12:00pm Community Healing Beading Project 11:00am	12 Ribbon Skirt Making 1:00pm Community Healing Beading Project 11:00am Square Dancing Practice 5:00pm	13	14
15 Full Moon Sweat East Site 7:00pm	16 Lanyard Beading 12:00pm Drum Songs 3:00pm Sharing Circle 5:00pm	17 Beading Club: 12:00 & 5:00	18 Happy Birthday December Babies! Cake in the IPC 12:00pm	19 Ribbon Skirt Making 1:00pm	20 Teachings House 12:30pm	21
22	23 University Closed	24	25 University Closed	26 University Closed	27	28
29	30 University Closed	31 University Closed				





# SHARING CIRCLE

with Susie

Monday's at 5:00 PM

@ IPC



Every Monday at 3:30pm in the  
Indigenous Peoples' Centre

# **Drum Songs with Susie**



**Ribbon Skirt Making  
with Barb**

**EVERY THURSDAY AT 1:00  
IN THE IPC**

**NOV 21, 28, DEC 5, 12 & 19**

**Free for BU students**

**Staff and Community members must bring own materials**

# BU TEACHINGS HOUSE

A gathering place for the sharing of Indigenous knowledge.  
A gathering place for all Nations.



## Grief & Loss

TEACHINGS FOR HOPE AND HEALING

**Thursday, November 28**

12:00 – 1:30 p.m.

He Oyate Tawapi Ceremony Room  
Room 141, Health Studies Complex  
Brandon University

At a time when many are experiencing loss and loneliness, join BU Knowledge Keeper Susie McPherson-Derendy as she shares teachings and stories on how we process grief and heal.

Hosted by the Indigenous Peoples' Centre. All are invited to attend!  
Coffee, tea, and bannock provided.

An initiative of the BU Indigenous Education Senate Sub-Committee.  
BU Teachings House gatherings are open invitations to students, faculty, staff, alumni & the broader community to reflect, listen and share.



# Lanyard Beading

with

**Métis Inclusion Coordinator Nicole Braun  
& Métis Elder Joan Church**



**Métis Room- 202 Clark Hall  
12pm-2pm**

**MONDAYS:**

**2ND  
9TH  
16TH**

**WEDNESDAYS:**

**4TH  
11TH**

**\*\*All Materials Provided by the MMF\*\***

[nicole.braun@mmf.mb.ca](mailto:nicole.braun@mmf.mb.ca)





Indigenous Peoples' Centre

**WINTER  
POTLUCK**

December 5, 2024

5:00 - 7:00pm

Ceremony Room



Hosted By: The Brandon University Science Department

# WINTER EQUINOX FEAST

Potluck Feast | Food is provided, bring a dish to share if able | Bring a blanket to sit on | Bring a Feast Bundle (bowl, plate, cup, cutlery) |

6th of December, 2024  
12:00pm

*Come and Join*

Room 4-34, John R. Brodie Science Centre



# CRIB NIGHT

**WITH METIS ELDER  
JOAN CHURCH**

DECEMBER

9

5-7 PM

**INDIGENOUS PEOPLES' CENTRE**

STOP BY THE IPC TO SIGN UP

**\*\*REFRESHMENTS PROVIDED\*\***

**\*\*OPEN TO BU STUDENTS\*\***

NICOLE.BRAUN@MMF.MB.CA

# Jigging Lessons

with

Championship Dancer

VINCE O'LANEY

DECEMBER

THURSDAY

12

INDIGENOUS  
PEOPLES' CENTRE

5:00PM-6:00PM

*\*\*Refreshments Provided\*\**  
*\*\*OPEN TO BU STUDENTS\*\**



[nicole.braun@mmf.mb.ca](mailto:nicole.braun@mmf.mb.ca)



# KNOWLEDGE KEEPER OFFICE HOURS

**JOAN**

CHURCHJ@BRANDONU.CA

Mondays 12:00 - 2:00  
Wednesdays 12:00 - 2:00

**SUSIE**

MCPHERSON-DERENDYS@BRANDONU.CA

Mondays 3:30 - 5:30  
Wednesdays 9:00 - 12:00

**BARB**

BLINDB@BRANDONU.CA

Tuesdays 12:30 - 2:00 & 5:30 - 7:30  
Wednesdays 9:00 - 2:00

- Available to meet by request



# ACADEMIC SUPPORT

## IPC DROP IN TIMES



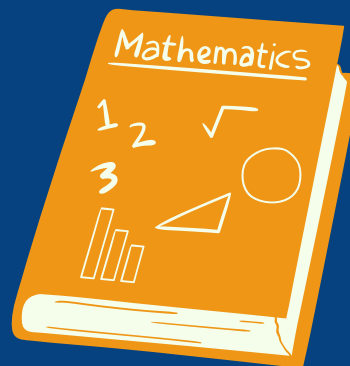
### Library/ Research Help

Thursdays  
10:00 - 12:00pm



### Learning Skills

Thursdays  
10:00 - 12:00pm



### Math Support

Tuesdays  
10:00 - 12:00pm



### Academic Advising

Tuesdays  
1:00 - 3:00  
Wednesdays  
10:00 - 2:00

[IPC@brandonu.ca](mailto:IPC@brandonu.ca)



# IPC Academic Advising

DROP IN HOURS

TUESDAYS 1:00 - 3:00PM

WEDNESDAYS: 10:00 - 12:00PM





Join us for an exciting  
**COMMUNITY  
HEALING BEADING  
PROJECT**



Brandon University Indigenous People's Centre is generously hosting BU Fine Arts Alumni Jessie Jannuska to teach Beading Workshops at the IPC. Jessie Jannuska is a Winnipeg-based Indigenous Visual Artist and Art Workshop Facilitator.

Jessie is creating a large, mixed-media, beaded artwork with the community. Come learn how to bead and create a beaded piece that will help form a large, beaded wall in an art show.

**Beading Workshops:**

**Location:** BU Indigenous People's Centre  
**DEC 11th & 12th, 2024** – 12:30–3:30 PM  
**JAN 16th & 17th, 2025** – 12:30–3:30 PM  
**FEB 20th & 21st, 2025** – 12:30 – 3:30 PM

Currently open to Indigenous BU Students, BU Beading Babes, and BU Fine Arts Students.

Beginners welcome. All supplies included.

More sessions to follow.

**Drop-ins welcome. Spots are limited. Register at:**  
**Email: [commhealingbeadingproject@outlook.com](mailto:commhealingbeadingproject@outlook.com)**







# Chris LeBonte

Metis Trapper

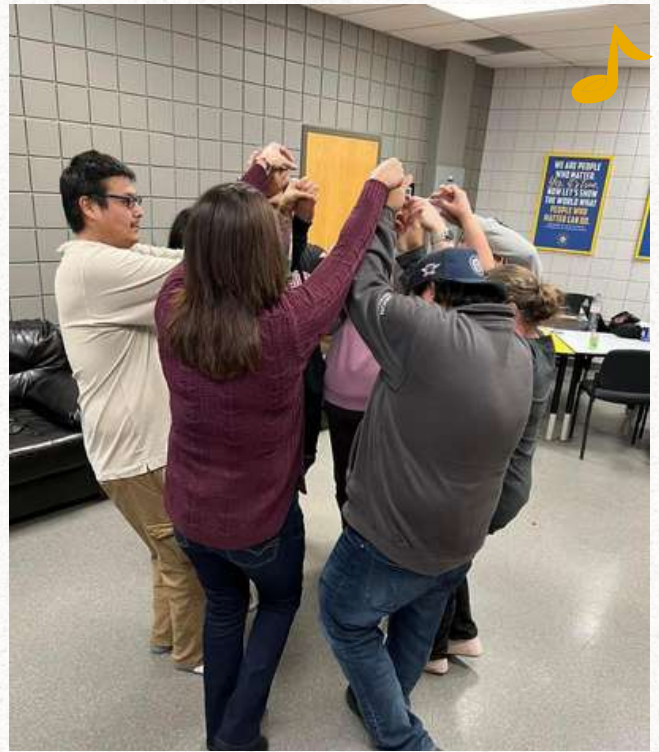




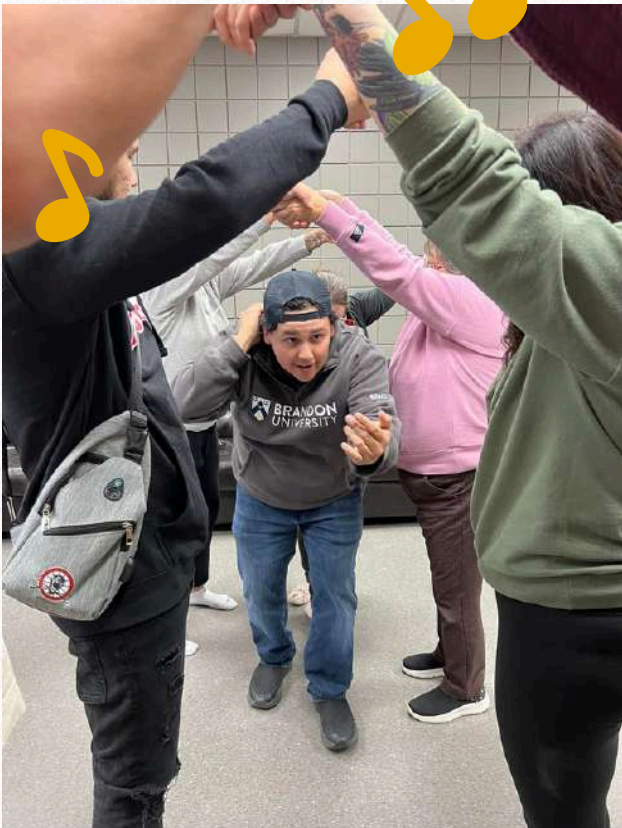
# Chris Leforte

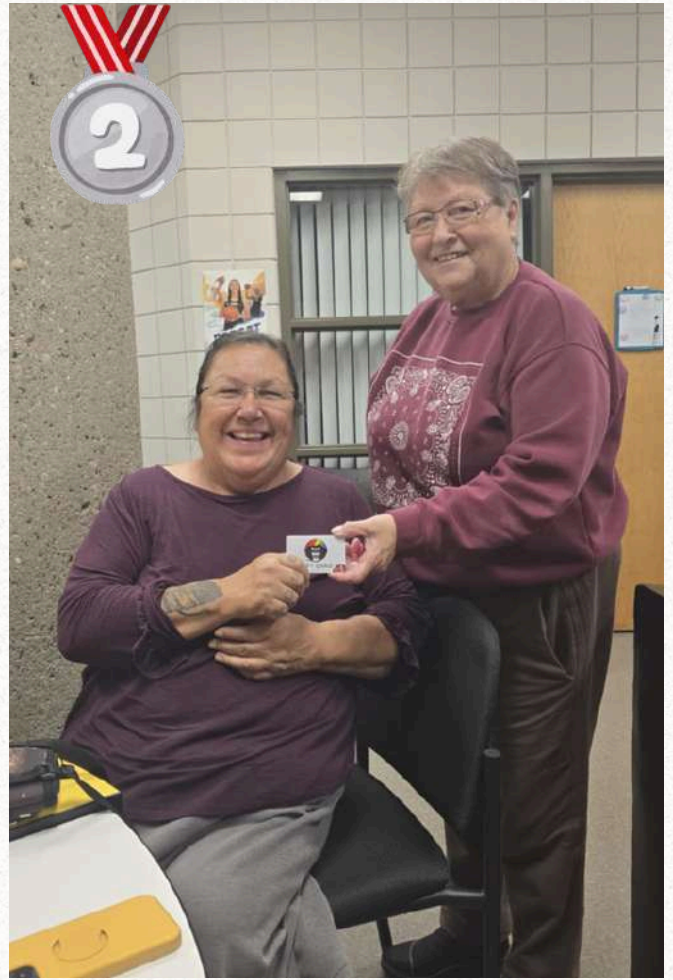
Metis Trapper





# SQUARE DANCING PRACTICE





# Cribbage

## *Championship*



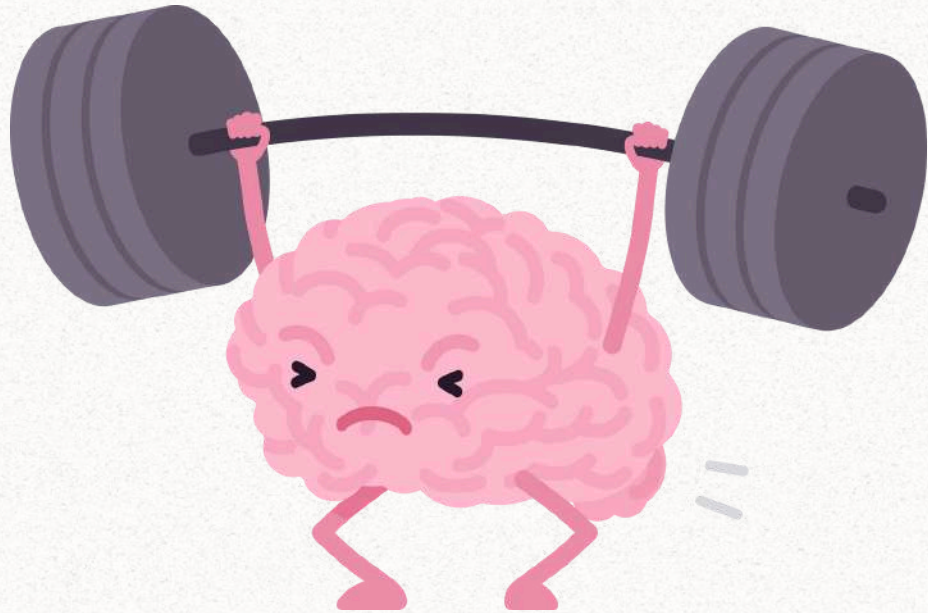


# Lona Night Against Procrastination





L.N.A.P



# word of the month

## Granny

Nookum - Ininew

Kunsi - Dakota

Nokumis - Anishinaabe

Noohkoom - Michif

Setsuné - Dene



*Do you have  
anything to share  
in “The Tea”?  
Let us know!*



Contact [IPC@brandonu.ca](mailto:IPC@brandonu.ca)



THANK YOU!  
MIIGWECH!  
WOPIDA!



MARRSII!  
KINANASKIMOTIN!  
NAKURMIK!  
MAŞI CHOK!